



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Wächter, Hartmut

Club: LSV Lok Arnstadt

Number: 1223

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M60 (60-69 Jahre)

Total time: 43:58

Speed: 13.65 km/h

Running performance: 4:24 min/km

Rank in course/Total: 103 (of 637)

Rank in course/Men: 99 (of 493)

Best time in course: 31:35

Rank in category: 1(of 24)

Best time in the category: 43:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	8:28	4:14	1	-	76	2:11	2.00	8:28	4:14	24		64	2:11
Runde Langstrec	2.00	8:47	4:23	1	-	114	2:24	4.00	17:15	4:18	24		64	4:35
Runde Langstrec	2.00	8:56	4:28	1	-	114	2:28	6.00	26:11	4:21	24		123	7:03
Runde Langstrec	2.00	8:59	4:29	1	-	106	2:35	8.00	35:10	4:23	23		79	9:38
Leichtathletikhal	2.00	8:48	4:24	1	-	116	2:45	10.00	43:58	4:23	1	-	99	12:23