



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Artes, Peter

Club: Erfurt

Number: 1235

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M40 (40-49 Jahre)

Total time: 44:02

Speed: 13.63 km/h

Running performance: 4:24 min/km

Rank in course/Total: 104 (of 637)

Rank in course/Men: 100 (of 493)

Best time in course: 31:35

Rank in category: 20(of 135)

Best time in the category: 33:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	8:54	4:27	31	2:26	113	2:37	2.00	8:54	4:27	34	2:26	98	2:37
Runde Langstrec	2.00	8:29	4:14	14	1:47	69	2:06	4.00	17:23	4:20	36	4:13	94	4:43
Runde Langstrec	2.00	8:45	4:22	19	1:53	84	2:17	6.00	26:08	4:21	36	6:06	135	7:00
Runde Langstrec	2.00	9:01	4:30	24	2:15	109	2:37	8.00	35:09	4:23	35	8:21	134	9:37
Leichtathletikh	2.00	8:53	4:26	30	2:06	129	2:50	10.00	44:02	4:24	20	10:27	100	12:27