



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Grosser, Andre

Number: 1711

Course: 10.00 km

Vintage VDB Lauf

Category:

Männer (20-29 Jahre)

Total time: 44:31

Speed: 13.48 km/h

Running performance: 4:27 min/km

Rank in course/Total: 114 (of 637)

Rank in course/Men: 108 (of 493)

Best time in course: 31:35

Rank in category: 22(of 69)

Best time in the category: 31:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	9:04	4:31	26	2:47	128	2:47	2.00	9:04	4:31	63		125	2:47
Runde Langstrec	2.00	9:04	4:31	29	2:41	149	2:41	4.00	18:08	4:31	63		137	5:28
Runde Langstrec	2.00	8:54	4:27	22	2:26	104	2:26	6.00	27:02	4:30	63		137	7:54
Runde Langstrec	2.00	9:01	4:30	23	2:37	109	2:37	8.00	36:03	4:30	62		136	10:31
Leichtathletikhal	2.00	8:28	4:14	20	2:25	77	2:25	10.00	44:31	4:27	22	12:56	108	12:56