



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Schumann, Olaf

Club: Erfurt

Number: 1215

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M50 (50-59 Jahre)

Total time: 43:53

Speed: 13.67 km/h

Running performance: 4:23 min/km

Rank in course/Total: 102 (of 637)

Rank in course/Men: 98 (of 493)

Best time in course: 31:35

Rank in category: 8(of 103)

Best time in the category: 41:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	8:23	4:11	4	0:27	71	2:06	2.00	8:23	4:11	14		140	2:06
Runde Langstrec	2.00	8:37	4:18	7	0:20	79	2:14	4.00	17:00	4:15	14		140	4:20
Runde Langstrec	2.00	8:54	4:27	9	0:27	104	2:26	6.00	25:54	4:18	14		140	6:46
Runde Langstrec	2.00	9:06	4:32	9	0:35	117	2:42	8.00	35:00	4:22	14		63	9:28
Leichtathletikh	2.00	8:53	4:26	13	0:40	129	2:50	10.00	43:53	4:23	8	2:21	98	12:18