



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Fleischmann, Thomas

Club: LTV Erfurt

Number: 1230

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M50 (50-59 Jahre)

Total time: 44:55

Speed: 13.36 km/h

Running performance: 4:29 min/km

Rank in course/Total: 125 (of 637)

Rank in course/Men: 121 (of 493)

Best time in course: 31:35

Rank in category: 10(of 103)

Best time in the category: 41:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	8:58	4:29	10	1:02	121	2:41	2.00	8:58	4:29	19		97	2:41
Runde Langstrec	2.00	8:52	4:26	10	0:35	126	2:29	4.00	17:50	4:27	13		97	5:10
Runde Langstrec	2.00	9:07	4:33	12	0:40	133	2:39	6.00	26:57	4:29	18		158	7:49
Runde Langstrec	2.00	9:08	4:33	12	0:37	123	2:44	8.00	36:05	4:30	18		157	10:33
Leichtathletikhal	2.00	8:50	4:25	9	0:37	120	2:47	10.00	44:55	4:29	10	3:23	121	13:20