



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Wohlfarth, Jan

Number: 537

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 18:55

Speed: 12.69 km/h

Running performance: 4:44 min/km

Rank in course/Total: 98 (of 446)

Rank in course/Men: 83 (of 278)

Best time in course: 12:07

Rank in category: 10(of 17)

Best time in the category: 12:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Kurzstrecke	2.00	9:37	4:48	11	3:17	94	3:29	2.00	9:37	4:48	1	-	55	3:29
Leichtathletikhalle	2.00	9:18	4:39	12	2:50	78	3:19	4.00	18:55	4:43	10	6:07	83	6:48