



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Schottmann, Mike

Club: Gotha

Number: 1310

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M40 (40-49 Jahre)

Total time: 48:29

Speed: 12.38 km/h

Running performance: 4:51 min/km

Rank in course/Total: 213 (of 637)

Rank in course/Men: 198 (of 493)

Best time in course: 31:35

Rank in category: 56(of 135)

Best time in the category: 33:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	10:11	5:05	62	3:43	236	3:54	2.00	10:11	5:05	52	3:43	191	3:54
Runde Langstrec	2.00	9:25	4:42	54	2:43	186	3:02	4.00	19:36	4:54	52	6:26	191	6:56
Runde Langstrec	2.00	9:35	4:47	57	2:43	192	3:07	6.00	29:11	4:51	52	9:09	190	10:03
Runde Langstrec	2.00	9:46	4:53	59	3:00	198	3:22	8.00	38:57	4:52	51	12:09	189	13:25
Leichtathletikh	2.00	9:32	4:46	56	2:45	200	3:29	10.00	48:29	4:50	56	14:54	198	16:54