



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Klose, Detlef

Club: HSV Weimar

Number: 1537

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M50 (50-59 Jahre)

Total time: 48:32

Speed: 12.36 km/h

Running performance: 4:51 min/km

Rank in course/Total: 214 (of 637)

Rank in course/Men: 199 (of 493)

Best time in course: 31:35

Rank in category: 30(of 103)

Best time in the category: 41:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	9:42	4:50	31	1:46	197	3:25	2.00	9:42	4:50	30		144	3:25
Runde Langstrec	2.00	9:39	4:49	35	1:22	217	3:16	4.00	19:21	4:50	26		179	6:41
Runde Langstrec	2.00	9:45	4:52	33	1:18	212	3:17	6.00	29:06	4:51	29		191	9:58
Runde Langstrec	2.00	9:48	4:54	30	1:17	202	3:24	8.00	38:54	4:51	29		190	13:22
Leichtathletikh	2.00	9:38	4:48	33	1:25	214	3:35	10.00	48:32	4:51	30	7:00	199	16:57