



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Böhm, Christine

Club: Auto Böhm

Number: 1143

Course: 10.00 km

Vintage VDB Lauf

Category:

Seniorinnen W30 (30-39 Jahre)

Total time: 52:31

Speed: 11.42 km/h

Running performance: 5:15 min/km

Rank in course/Total: 334 (of 637)

Rank in course/Women: 35 (of 144)

Best time in course: 38:07

Rank in category: 13(of 39)

Best time in the category: 38:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Langstrec	2.00	11:16	5:38	23	3:56	57	3:56	2.00	11:16	5:38	28	1:42	18	3:56
Runde Langstrec	2.00	10:12	5:05	11	2:35	34	2:35	4.00	21:28	5:21	28	2:28	18	6:31
Runde Langstrec	2.00	10:25	5:12	13	2:39	36	2:39	6.00	31:53	5:18	28	3:32	18	9:10
Runde Langstrec	2.00	10:27	5:13	11	2:41	32	2:41	8.00	42:20	5:17	27	4:35	18	11:51
Leichtathletikh	2.00	10:11	5:05	8	2:33	27	2:33	10.00	52:31	5:15	13	14:24	35	14:24