



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Eisleb, Heinrich

Club: Erfurt

Number: 333

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 18:00

Speed: 13.33 km/h

Running performance: 4:30 min/km

Rank in course/Total: 69 (of 446)

Rank in course/Men: 60 (of 278)

Best time in course: 12:07

Rank in category: 7(of 19)

Best time in the category: 14:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Kurzstrecke	2.00	8:48	4:24	7	1:22	57	2:40	2.00	8:48	4:24	15		60	2:40
Leichtathletikhalle	2.00	9:12	4:35	6	1:42	72	3:13	4.00	18:00	4:30	7	3:04	60	5:53