



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Finger, Jacqueline

Club: SC impuls

Number: 1350

Course: 10.00 km

Vintage VDB Lauf

Category:

Seniorinnen W40 (40-49 Jahre)

Total time: 51:31

Speed: 11.65 km/h

Running performance: 5:09 min/km

Rank in course/Total: 303 (of 637)

Rank in course/Women: 31 (of 144)

Best time in course: 38:07

Rank in category: 7(of 45)

Best time in the category: 46:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Langstrec	2.00	10:11	5:05	5	0:30	24	2:51	2.00	10:11	5:05	26		20	2:51
Runde Langstrec	2.00	10:07	5:03	6	0:57	29	2:30	4.00	20:18	5:04	26		20	5:21
Runde Langstrec	2.00	10:18	5:09	7	1:04	32	2:32	6.00	30:36	5:06	25		20	7:53
Runde Langstrec	2.00	10:32	5:15	7	1:18	37	2:46	8.00	41:08	5:08	23		20	10:39
Leichtathletikh	2.00	10:23	5:11	9	1:24	36	2:45	10.00	51:31	5:09	7	5:11	31	13:24