



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Kirchner, Jürgen

Club: SV 1910 Kahla

Number: 1227

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M50 (50-59 Jahre)

Total time: 48:45

Speed: 12.31 km/h

Running performance: 4:53 min/km

Rank in course/Total: 222 (of 637)

Rank in course/Men: 207 (of 493)

Best time in course: 31:35

Rank in category: 32(of 103)

Best time in the category: 41:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	9:58	4:59	36	2:02	220	3:41	2.00	9:58	4:59	42		163	3:41
Runde Langstrec	2.00	9:49	4:54	42	1:32	237	3:26	4.00	19:47	4:56	44		241	7:07
Runde Langstrec	2.00	9:50	4:55	35	1:23	220	3:22	6.00	29:37	4:56	43		240	10:29
Runde Langstrec	2.00	9:49	4:54	32	1:18	204	3:25	8.00	39:26	4:55	43		184	13:54
Leichtathletikhal	2.00	9:19	4:39	21	1:06	173	3:16	10.00	48:45	4:52	32	7:13	207	17:10