



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Veit, Horst

Club: Erfurter SK

Number: 1156

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M50 (50-59 Jahre)

Total time: 56:44

Speed: 10.58 km/h

Running performance: 5:40 min/km

Rank in course/Total: 474 (of 637)

Rank in course/Men: 405 (of 493)

Best time in course: 31:35

Rank in category: 82(of 103)

Best time in the category: 41:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	12:19	6:09	92	4:23	439	6:02	2.00	12:19	6:09	53	2:14	262	6:02
Runde Langstrec	2.00	11:01	5:30	81	2:44	393	4:38	4.00	23:20	5:49	53	3:03	262	10:40
Runde Langstrec	2.00	11:12	5:35	78	2:45	394	4:44	6.00	34:32	5:45	52	4:03	261	15:24
Runde Langstrec	2.00	11:17	5:38	80	2:46	391	4:53	8.00	45:49	5:43	52	5:04	260	20:17
Leichtathletikh	2.00	10:55	5:27	78	2:42	371	4:52	10.00	56:44	5:40	82	15:12	405	25:09