



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Schunk, Andreas

Club: Erfurt

Number: 1449

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M40 (40-49 Jahre)

Total time: 58:03

Speed: 10.34 km/h

Running performance: 5:48 min/km

Rank in course/Total: 502 (of 637)

Rank in course/Men: 423 (of 493)

Best time in course: 31:35

Rank in category: 119(of 135)

Best time in the category: 33:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	12:25	6:12	123	5:57	447	6:08	2.00	12:25	6:12	75	5:57	263	6:08
Runde Langstrec	2.00	11:36	5:47	126	4:54	451	5:13	4.00	24:01	6:00	75	10:51	263	11:21
Runde Langstrec	2.00	11:26	5:43	117	4:34	414	4:58	6.00	35:27	5:54	75	15:25	262	16:19
Runde Langstrec	2.00	11:26	5:43	116	4:40	408	5:02	8.00	46:53	5:51	74	20:05	261	21:21
Leichtathletikhal	2.00	11:10	5:34	111	4:23	397	5:07	10.00	58:03	5:48	119	24:28	423	26:28