



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Schubert, Susette

Club: Erfurt

Number: 1205

Course: 10.00 km

Vintage VDB Lauf

Category:

Seniorinnen W40 (40-49 Jahre)

Total time: 55:58

Speed: 10.72 km/h

Running performance: 5:36 min/km

Rank in course/Total: 441 (of 637)

Rank in course/Women: 57 (of 144)

Best time in course: 38:07

Rank in category: 18(of 45)

Best time in the category: 46:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Langstrec	2.00	10:53	5:26	12	1:12	41	3:33	2.00	10:53	5:26	31		29	3:33
Runde Langstrec	2.00	11:02	5:30	18	1:52	60	3:25	4.00	21:55	5:28	31	0:30	29	6:58
Runde Langstrec	2.00	11:17	5:38	22	2:03	70	3:31	6.00	33:12	5:32	30	2:33	29	10:29
Runde Langstrec	2.00	11:28	5:44	23	2:14	70	3:42	8.00	44:40	5:34	28	2:41	29	14:11
Leichtathletikh	2.00	11:18	5:39	26	2:19	77	3:40	10.00	55:58	5:35	18	9:38	57	17:51