



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Müller, Andrea

Club: Erfurt

Number: 1561

Course: 10.00 km

Vintage VDB Lauf

Category:

Seniorinnen W30 (30-39 Jahre)

Total time: 57:29

Speed: 10.44 km/h

Running performance: 5:45 min/km

Rank in course/Total: 490 (of 637)

Rank in course/Women: 75 (of 144)

Best time in course: 38:07

Rank in category: 25(of 39)

Best time in the category: 38:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Langstrec	2.00	11:06	5:32	21	3:46	53	3:46	2.00	11:06	5:32	35	1:32	34	3:46
Runde Langstrec	2.00	10:55	5:27	17	3:18	57	3:18	4.00	22:01	5:30	35	3:01	25	7:04
Runde Langstrec	2.00	11:40	5:49	28	3:54	85	3:54	6.00	33:41	5:36	35	5:20	34	10:58
Runde Langstrec	2.00	11:54	5:57	27	4:08	92	4:08	8.00	45:35	5:41	34	7:50	34	15:06
Leichtathletikh	2.00	11:54	5:57	29	4:16	99	4:16	10.00	57:29	5:44	25	19:22	75	19:22