



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Grülmeyer, Eva

Club: Kyffhäuser Team

Number: 532

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 18:28

Speed: 13.00 km/h

Running performance: 4:37 min/km

Rank in course/Total: 83 (of 446)

Rank in course/Women: 10 (of 168)

Best time in course: 13:59

Rank in category: 1(of 27)

Best time in the category: 18:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Kurzstrecke	2.00	9:24	4:42	5	0:18	17	2:29	2.00	9:24	4:42	26		13	2:29
Leichtathletikhalle	2.00	9:04	4:31	1	-	10	2:00	4.00	18:28	4:36	1	-	10	4:29