



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Schulz, Hartmut

Club: DreamTeam Ilmenau

Number: 1579

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M60 (60-69 Jahre)

Total time: 59:20

Speed: 10.11 km/h

Running performance: 5:56 min/km

Rank in course/Total: 537 (of 637)

Rank in course/Men: 446 (of 493)

Best time in course: 31:35

Rank in category: 18(of 24)

Best time in the category: 43:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	12:29	6:14	19	4:01	452	6:12	2.00	12:29	6:14	14	1:47	299	6:12
Runde Langstrec	2.00	11:38	5:48	19	2:51	456	5:15	4.00	24:07	6:01	14	3:04	312	11:27
Runde Langstrec	2.00	11:47	5:53	18	2:51	441	5:19	6.00	35:54	5:59	12	4:27	311	16:46
Runde Langstrec	2.00	11:53	5:56	18	2:54	438	5:29	8.00	47:47	5:58	13	5:43	310	22:15
Leichtathletikh	2.00	11:33	5:46	18	2:45	428	5:30	10.00	59:20	5:56	18	15:22	446	27:45