



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Keller, Dennis

Number: 1703

Course: 10.00 km

Vintage VDB Lauf

Category:

Männer (20-29 Jahre)

Total time: 1:03:04

Speed: 9.51 km/h

Running performance: 6:19 min/km

Rank in course/Total: 596 (of 637)

Rank in course/Men: 473 (of 493)

Best time in course: 31:35

Rank in category: 68(of 69)

Best time in the category: 31:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	11:52	5:56	63	5:35	413	5:35	2.00	11:52	5:56	6		330	5:35
Runde Langstrec	2.00	11:56	5:58	67	5:33	468	5:33	4.00	23:48	5:57	6	0:13	325	11:08
Runde Langstrec	2.00	12:51	6:25	69	6:23	478	6:23	6.00	36:39	6:06	6	2:26	329	17:31
Runde Langstrec	2.00	13:12	6:35	68	6:48	477	6:48	8.00	49:51	6:13	5	0:13	328	24:19
Leichtathletikh	2.00	13:13	6:36	68	7:10	477	7:10	10.00	1:03:04	6:18	68	31:29	473	31:29