



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Krey, Bernd

Club: SCHOTTE e.V.

Number: 1117

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M60 (60-69 Jahre)

Total time: 1:00:04

Speed: 9.99 km/h

Running performance: 6:01 min/km

Rank in course/Total: 556 (of 637)

Rank in course/Men: 455 (of 493)

Best time in course: 31:35

Rank in category: 19(of 24)

Best time in the category: 43:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	12:44	6:21	20	4:16	467	6:27	2.00	12:44	6:21	11	2:02	273	6:27
Runde Langstrec	2.00	11:24	5:42	16	2:37	427	5:01	4.00	24:08	6:01	11	3:05	331	11:28
Runde Langstrec	2.00	11:54	5:57	19	2:58	447	5:26	6.00	36:02	6:00	11	4:35	322	16:54
Runde Langstrec	2.00	11:57	5:58	19	2:58	444	5:33	8.00	47:59	5:59	10	5:55	329	22:27
Leichtathletikhal	2.00	12:05	6:02	20	3:17	446	6:02	10.00	1:00:04	6:00	19	16:06	455	28:29