



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Reinhardt, Jörg

Club: Gotha

Number: 1246

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M50 (50-59 Jahre)

Total time: 59:11

Speed: 10.14 km/h

Running performance: 5:55 min/km

Rank in course/Total: 533 (of 637)

Rank in course/Men: 443 (of 493)

Best time in course: 31:35

Rank in category: 92(of 103)

Best time in the category: 41:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	12:39	6:19	100	4:43	460	6:22	2.00	12:39	6:19	67	2:34	332	6:22
Runde Langstrec	2.00	11:44	5:51	99	3:27	462	5:21	4.00	24:23	6:05	67	4:06	332	11:43
Runde Langstrec	2.00	11:36	5:47	88	3:09	426	5:08	6.00	35:59	5:59	66	5:30	331	16:51
Runde Langstrec	2.00	11:47	5:53	89	3:16	426	5:23	8.00	47:46	5:58	66	7:01	330	22:14
Leichtathletikh	2.00	11:25	5:42	86	3:12	419	5:22	10.00	59:11	5:55	92	17:39	443	27:36