



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Brachmanski, Hans-Peter

Club: LTV Erfurt

Number: 1192

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M50 (50-59 Jahre)

Total time: 47:29

Speed: 12.64 km/h

Running performance: 4:45 min/km

Rank in course/Total: 189 (of 637)

Rank in course/Men: 178 (of 493)

Best time in course: 31:35

Rank in category: 23(of 103)

Best time in the category: 41:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	9:14	4:36	21	1:18	152	2:57	2.00	9:14	4:36	68		99	2:57
Runde Langstrec	2.00	9:22	4:41	24	1:05	178	2:59	4.00	18:36	4:39	68		113	5:56
Runde Langstrec	2.00	9:33	4:46	27	1:06	189	3:05	6.00	28:09	4:41	67		333	9:01
Runde Langstrec	2.00	9:50	4:55	34	1:19	208	3:26	8.00	37:59	4:44	67		332	12:27
Leichtathletikh	2.00	9:30	4:45	29	1:17	199	3:27	10.00	47:29	4:44	23	5:57	178	15:54