



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Büchner, Dieter

Club: Gotha

Number: 1160

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M50 (50-59 Jahre)

Total time: 52:08

Speed: 11.51 km/h

Running performance: 5:13 min/km

Rank in course/Total: 315 (of 637)

Rank in course/Men: 283 (of 493)

Best time in course: 31:35

Rank in category: 57(of 103)

Best time in the category: 41:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	10:59	5:29	65	3:03	320	4:42	2.00	10:59	5:29	69	0:54	336	4:42
Runde Langstrec	2.00	10:12	5:05	56	1:55	281	3:49	4.00	21:11	5:17	69	0:54	336	8:31
Runde Langstrec	2.00	10:19	5:09	60	1:52	282	3:51	6.00	31:30	5:15	68	1:01	335	12:22
Runde Langstrec	2.00	10:26	5:13	60	1:55	285	4:02	8.00	41:56	5:14	68	1:11	334	16:24
Leichtathletikh	2.00	10:12	5:05	54	1:59	289	4:09	10.00	52:08	5:12	57	10:36	283	20:33