



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Reppin, Sven

Club: Erfurt

Number: 1089

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M40 (40-49 Jahre)

Total time: 1:05:26

Speed: 9.17 km/h

Running performance: 6:32 min/km

Rank in course/Total: 607 (of 637)

Rank in course/Men: 477 (of 493)

Best time in course: 31:35

Rank in category: 130(of 135)

Best time in the category: 33:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	13:04	6:31	131	6:36	476	6:47	2.00	13:04	6:31	94	6:36	348	6:47
Runde Langstrec	2.00	12:28	6:14	131	5:46	481	6:05	4.00	25:32	6:23	94	12:22	348	12:52
Runde Langstrec	2.00	13:10	6:34	131	6:18	482	6:42	6.00	38:42	6:27	94	18:40	347	19:34
Runde Langstrec	2.00	13:39	6:49	132	6:53	481	7:15	8.00	52:21	6:32	93	25:33	346	26:49
Leichtathletikhal	2.00	13:05	6:32	128	6:18	472	7:02	10.00	1:05:26	6:32	130	31:51	477	33:51