



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Scheller, Hans-Peter

Club: Weimar

Number: 1188

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M60 (60-69 Jahre)

Total time: 52:12

Speed: 11.49 km/h

Running performance: 5:13 min/km

Rank in course/Total: 321 (of 637)

Rank in course/Men: 287 (of 493)

Best time in course: 31:35

Rank in category: 5(of 24)

Best time in the category: 43:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	10:29	5:14	6	2:01	267	4:12	2.00	10:29	5:14	8		378	4:12
Runde Langstrec	2.00	10:38	5:18	10	1:51	344	4:15	4.00	21:07	5:16	8	0:04	189	8:27
Runde Langstrec	2.00	10:36	5:17	9	1:40	321	4:08	6.00	31:43	5:17	8	0:16	377	12:35
Runde Langstrec	2.00	10:31	5:15	5	1:32	298	4:07	8.00	42:14	5:16	7	0:10	375	16:42
Leichtathletikhal	2.00	9:58	4:59	4	1:10	265	3:55	10.00	52:12	5:13	5	8:14	287	20:37