



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Kreim, Brigitta

Club: Gerstungen

Number: 1400

Course: 10.00 km

Vintage VDB Lauf

Category:

Seniorinnen W40 (40-49 Jahre)

Total time: 1:08:44

Speed: 8.73 km/h

Running performance: 6:52 min/km

Rank in course/Total: 622 (of 637)

Rank in course/Women: 140 (of 144)

Best time in course: 38:07

Rank in category: 44(of 45)

Best time in the category: 46:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Langstrec	2.00	13:53	6:56	43	4:12	140	6:33	2.00	13:53	6:56	10	2:56	94	6:33
Runde Langstrec	2.00	13:23	6:41	44	4:13	140	5:46	4.00	27:16	6:48	10	5:51	94	12:19
Runde Langstrec	2.00	13:40	6:49	43	4:26	140	5:54	6.00	40:56	6:49	10	10:17	94	18:13
Runde Langstrec	2.00	14:00	7:00	43	4:46	139	6:14	8.00	54:56	6:51	44	12:57	141	24:27
Leichtathletikh	2.00	13:48	6:54	43	4:49	135	6:10	10.00	1:08:44	6:52	44	22:24	140	30:37