



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Schmidt, Martin

Club: FSV Blau-Weiß 90 Stadtilm

Number: 1252

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M40 (40-49 Jahre)

Total time: 1:03:19

Speed: 9.48 km/h

Running performance: 6:20 min/km

Rank in course/Total: 597 (of 637)

Rank in course/Men: 474 (of 493)

Best time in course: 31:35

Rank in category: 128(of 135)

Best time in the category: 33:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	12:46	6:23	129	6:18	470	6:29	2.00	12:46	6:23	107	6:18	264	6:29
Runde Langstrec	2.00	11:43	5:51	127	5:01	461	5:20	4.00	24:29	6:07	82	11:19	295	11:49
Runde Langstrec	2.00	12:30	6:15	129	5:38	471	6:02	6.00	36:59	6:09	107	16:57	389	17:51
Runde Langstrec	2.00	13:13	6:36	130	6:27	478	6:49	8.00	50:12	6:16	105	23:24	385	24:40
Leichtathletikh	2.00	13:07	6:33	131	6:20	476	7:04	10.00	1:03:19	6:19	128	29:44	474	31:44