



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Blank, Annika

Club: Bern

Number: 1300

Course: 10.00 km

Vintage VDB Lauf

Category:

Frauen (20-29 Jahre)

Total time: 1:06:33

Speed: 9.02 km/h

Running performance: 6:40 min/km

Rank in course/Total: 613 (of 637)

Rank in course/Women: 135 (of 144)

Best time in course: 38:07

Rank in category: 23(of 24)

Best time in the category: 42:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Langstrec	2.00	13:07	6:33	23	4:40	129	5:47	2.00	13:07	6:33	10	1:17	98	5:47
Runde Langstrec	2.00	14:41	7:20	24	6:14	143	7:04	4.00	27:48	6:57	10	3:50	98	12:51
Runde Langstrec	2.00	12:31	6:15	21	4:10	119	4:45	6.00	40:19	6:43	10	3:34	98	17:36
Runde Langstrec	2.00	13:10	6:34	23	4:43	127	5:24	8.00	53:29	6:41	9	3:51	94	23:00
Leichtathletikh	2.00	13:04	6:31	23	4:46	130	5:26	10.00	1:06:33	6:39	23	24:33	135	28:26