



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Gladitsch, Peter

Club: Erfurt

Number: 1226

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M60 (60-69 Jahre)

Total time: 1:07:39

Speed: 8.87 km/h

Running performance: 6:46 min/km

Rank in course/Total: 619 (of 637)

Rank in course/Men: 480 (of 493)

Best time in course: 31:35

Rank in category: 23(of 24)

Best time in the category: 43:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	13:05	6:32	22	4:37	477	6:48	2.00	13:05	6:32	4	2:23	274	6:48
Runde Langstrec	2.00	12:27	6:13	22	3:40	480	6:04	4.00	25:32	6:23	4	4:29	348	12:52
Runde Langstrec	2.00	14:00	7:00	24	5:04	485	7:32	6.00	39:32	6:35	4	8:05	391	20:24
Runde Langstrec	2.00	14:31	7:15	24	5:32	484	8:07	8.00	54:03	6:45	4	11:59	387	28:31
Leichtathletikh	2.00	13:36	6:47	23	4:48	478	7:33	10.00	1:07:39	6:45	23	23:41	480	36:04