



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Becker, Steven

Club: Kleinbrüchter

Number: 1319

Course: 10.00 km

Vintage VDB Lauf

Category:

Männer (20-29 Jahre)

Total time: 58:10

Speed: 10.32 km/h

Running performance: 5:49 min/km

Rank in course/Total: 507 (of 637)

Rank in course/Men: 426 (of 493)

Best time in course: 31:35

Rank in category: 62(of 69)

Best time in the category: 31:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	11:47	5:53	60	5:30	408	5:30	2.00	11:47	5:53	35		379	5:30
Runde Langstrec	2.00	11:13	5:36	62	4:50	411	4:50	4.00	23:00	5:45	35		379	10:20
Runde Langstrec	2.00	11:41	5:50	65	5:13	433	5:13	6.00	34:41	5:46	35	0:28	378	15:33
Runde Langstrec	2.00	11:54	5:57	62	5:30	439	5:30	8.00	46:35	5:49	33		376	21:03
Leichtathletikhal	2.00	11:35	5:47	62	5:32	430	5:32	10.00	58:10	5:48	62	26:35	426	26:35