



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Lindner, Wilhelm

Club: Schotte e.V.

Number: 1228

Course: 10.00 km

Vintage VDB Lauf

Category:

Männer (20-29 Jahre)

Total time: 50:03

Speed: 11.99 km/h

Running performance: 5:00 min/km

Rank in course/Total: 259 (of 637)

Rank in course/Men: 239 (of 493)

Best time in course: 31:35

Rank in category: 38(of 69)

Best time in the category: 31:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	11:19	5:39	56	5:02	356	5:02	2.00	11:19	5:39	34		318	5:02
Runde Langstrec	2.00	9:51	4:55	38	3:28	242	3:28	4.00	21:10	5:17	18		213	8:30
Runde Langstrec	2.00	9:40	4:49	34	3:12	202	3:12	6.00	30:50	5:08	34		403	11:42
Runde Langstrec	2.00	9:53	4:56	35	3:29	213	3:29	8.00	40:43	5:05	32		369	15:11
Leichtathletikh	2.00	9:20	4:40	32	3:17	176	3:17	10.00	50:03	5:00	38	18:28	239	18:28