



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Hundertmark, Peter

Club: Erfurt

Number: 1424

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M40 (40-49 Jahre)

Total time: 52:27

Speed: 11.44 km/h

Running performance: 5:14 min/km

Rank in course/Total: 332 (of 637)

Rank in course/Men: 298 (of 493)

Best time in course: 31:35

Rank in category: 81(of 135)

Best time in the category: 33:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	10:40	5:19	80	4:12	291	4:23	2.00	10:40	5:19	96	4:12	269	4:23
Runde Langstrec	2.00	10:21	5:10	83	3:39	305	3:58	4.00	21:01	5:15	120	7:51	426	8:21
Runde Langstrec	2.00	10:21	5:10	79	3:29	285	3:53	6.00	31:22	5:13	120	11:20	219	12:14
Runde Langstrec	2.00	10:35	5:17	88	3:49	308	4:11	8.00	41:57	5:14	118	15:09	421	16:25
Leichtathletikh	2.00	10:30	5:15	92	3:43	326	4:27	10.00	52:27	5:14	81	18:52	298	20:52