



# 4. Thüringer Wintertriathlon

Frauenwald / 06.03.2005

## Detailed evaluation

**Mahr, Ralf**

**Total time: 1:45:27**

Club: SV 08 Steinach

Number: 78

Course: 33.00 km

Rank in course/Total: 6 (of 30)

Wintertriathlon 5-18-10

Rank in course/Men: 6 (of 26)

Best time in course: 1:32:00

Category:

Rank in category: 3(of 12)

Master 1(männlich)

Best time in the category: 1:42:07

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lauf	5.00	22:01	13.63	6	0:53	12	3:44	5.00	22:01	13.63	3	0:53	21	0:25
MTB	18.00	37:48	28.57	4	1:53	9	9:47	23.00	59:49	23.07	3	2:46	21	
Skilauf	10.00	45:38	13.15	2	0:34	4	7:48	33.00	1:45:27	18.78	3	3:20	7	13:27