



4. Thüringer Wintertriathlon

Frauenwald / 06.03.2005

Detailed evaluation

Herzog, Monika

Club: RTR - Viernau e.V

Number: 86

Course: 33.00 km

Wintertriathlon 5-18-10

Category:

Master 1(weiblich)

Total time: 2:23:58

Rank in course/Total: 24 (of 30)

Rank in course/Women: 3 (of 4)

Best time in course: 2:00:10

Rank in category: 2(of 2)

Best time in the category: 2:19:38

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Women	Women	km	Time	km/h	Cat.	Cat.	Women	Women
Lauf	5.00	28:50	10.40	1	-	2	4:44	5.00	28:50	10.40	2		4	4:44
MTB	18.00	45:39	23.66	1	-	2	1:48	23.00	1:14:29	18.53	2		4	6:32
Skillauf	10.00	1:09:29	8.64	2	6:03	4	17:16	33.00	2:23:58	13.75	2	4:20	4	23:48