



# 11.Power-Triathlon Gera

Gera / 05.06.2005

## Detailed evaluation

**Staude, Holm**

**Total time: 2:16:19**

Club: Ort:Born

Number: 110

Course: 21.70 km

Rank in course/Total: 75 (of 77)

Jugend- ,Junioren- ,Jedermanntriathlon 0,7-16-5

Rank in course/Men: 59 (of 61)

Best time in course: 52:42

Category:

Rank in category: 47(of 47)

männl. Jedermann

Best time in the category: 54:08

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Schwimmen	0.70	27:58	0.00	47	18:14	61	19:05	0.70	27:58	0.00	24	12:17	31	9:06
Rad	16.00	54:30	17.61	47	28:47	60	29:09	16.70	1:22:28	11.64	24	31:36	30	26:58
Lauf	5.00	53:51	5.57	47	35:10	59	36:07	21.70	2:16:19	9.24	47	1:22:11	59	1:23:37