



11.Power-Triathlon Gera

Gera / 05.06.2005

Detailed evaluation

Gladigau, Ronny

Club: TSV 1880 Gera-Zwötzen

Number: 21

Course: 51.50 km

Power-Triathlon 1,5-40-10

Category:

männl. AK 2 (TM 25-29)

Total time: 2:29:42

Rank in course/Total: 23 (of 70)

Rank in course/Men: 22 (of 62)

Best time in course: 2:04:36

Rank in category: 5(of 13)

Best time in the category: 2:19:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	1.50	26:24	2.27	6	3:17	28	7:27	1.50	26:24	2.27	5	0:18	53	
Rad	40.00	1:13:12	32.79	6	5:54	25	10:28	41.50	1:39:36	24.70	5	6:12	53	
Lauf	10.00	50:06	11.98	5	5:54	22	10:42	51.50	2:29:42	20.44	5	10:14	22	25:06