



12. Powertriathlon Gera

Gera / 14.05.2006

Detailed evaluation

Sonnenberg, Cora

Total time: 1:20:12

Club: Tria Jena

Number: 146

Course: 21.70 km

Rank in course/Total: 34 (of 48)

Jugend- ,Junioren- ,Jedermanntriathlon 0,7-16-5

Rank in course/Women: 7 (of 14)

Best time in course: 1:10:38

Category:

Rank in category: 2(of 8)

weibl. Jedermann

Best time in the category: 1:13:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.70	16:56	2.48	3	2:50	7	3:25	0.70	16:56	2.48	2	0:31	5	1:49
Rad	16.00	29:54	32.11	2	1:14	2	1:14	16.70	46:50	21.40	2	1:45	5	5:45
Lauf	5.00	33:22	8.99	3	4:32	5	4:32	21.70	1:20:12	16.23	2	6:17	7	9:34