



12. Powertriathlon Gera

Gera / 14.05.2006

Detailed evaluation

Helm, Björn

Total time: 2:15:14

Club: TSV 1880 Gera Zwätzen

Number: 51

Course: 51.50 km

Rank in course/Total: 7 (of 59)

Power-Triathlon 1,5-40-10

Rank in course/Men: 7 (of 50)

Best time in course: 2:05:34

Category:

Rank in category: 4(of 10)

männl. AK 1 (TM 20-24)

Best time in the category: 2:05:34

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	1.50	21:52	4.12	7	3:40	10	3:40	1.50	21:52	4.12	4	3:40	32	
Rad	40.00	1:06:37	36.03	5	3:18	8	6:37	41.50	1:28:29	28.14	3	6:58	30	
Lauf	10.00	46:45	12.83	3	3:36	7	3:36	51.50	2:15:14	22.85	4	9:40	7	9:40