



12. Powertriathlon Gera

Gera / 14.05.2006

Detailed evaluation

Heinrich, Sabine

Total time: 2:34:53

Club: HSV Weimar Triathlon

Number: 15

Course: 51.50 km

Rank in course/Total: 29 (of 59)

Power-Triathlon 1,5-40-10

Rank in course/Women: 2 (of 9)

Best time in course: 2:34:13

Category:

Rank in category: 1(of 3)

Seniorinnen 1 (TW 40-44)

Best time in the category: 2:34:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	1.50	23:28	3.84	1	-	1	-	1.50	23:28	3.84	1	-	2	
Rad	40.00	1:15:59	31.59	1	-	3	1:59	41.50	1:39:27	25.04	1	-	2	
Lauf	10.00	55:26	10.82	2	1:52	3	2:48	51.50	2:34:53	19.95	1	-	2	0:40