



13. Powertriathlon Gera

Gera / 10.06.2007

Detailed evaluation

Berndt, Roland

Total time: 1:21:52

Club: SV Erbkönig e. V.

Number: 149

Course: 21.70 km

Rank in course/Total: 35 (of 68)

Jugend- ,Junioren- ,Jedermanntriathlon 0,7-16-5

Rank in course/Men: 28 (of 51)

Best time in course: 58:18

Category:

Rank in category: 21(of 43)

männl. Jedermann

Best time in the category: 1:05:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.70	14:52	2.83	23	12:11	30	12:11	0.70	14:52	2.83	43		2	3:30
Rad	16.00	35:34	26.99	31	8:23	37	10:29	16.70	50:26	19.87	43		3	0:34
Lauf	5.00	31:26	9.54	15	5:00	21	7:24	21.70	1:21:52	15.90	21	16:29	28	23:34