



13. Powertriathlon Gera

Gera / 10.06.2007

Detailed evaluation

Lange, Holger

Total time: 2:54:14

Club: VfL 1990 Gera Badminton

Number: 81

Course: 51.50 km

Rank in course/Total: 44 (of 64)

Power-Triathlon 1,5-40-10

Rank in course/Men: 36 (of 51)

Best time in course: 2:10:17

Category:

Rank in category: 9(of 10)

männl. AK 2 (TM 25-29)

Best time in the category: 2:10:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	1.50	30:54	2.91	10	10:22	40	10:37	1.50	30:54	2.91	9	10:22	11	7:45
Rad	40.00	1:20:07	29.96	10	18:06	37	1:12:20	41.50	1:51:01	22.43	9	28:28	10	4:48
Lauf	10.00	1:03:13	9.49	9	15:29	30	15:29	51.50	2:54:14	17.73	9	43:57	36	43:57