



22. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 17.06.2007

Detailed evaluation

Swiderski, Jan

Total time: 54:34

Club: WSC 07 Ruhla

Number: 131

Course: 14.60 km

Rank in course/Total: 8 (of 34)

Jedermann Cross-Triathlon 0,4-9,2-5

Rank in course/Men: 8 (of 27)

Best time in course: 48:50

Category:

Rank in category: 2(of 6)

Senioren

Best time in the category: 52:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.40	9:42	24:14	3	1:55	8	1:55	0.40	9:42	24:14	2	1:55	21		
Rad	9.20	23:25	2:32	3	1:17	9	1:57	9.60	33:07	3:26	2	3:12	21		
Lauf	5.00	21:27	4:17	1	-	7	2:35	14.60	54:34	3:44	2	2:15	8	5:44	