



3. Walk in Herne  
Herne / 09.03.2008

Detailed evaluation

Wirges, Ilona

Club: Gelsenkirchen  
Number: 875

Course: 5.00 km  
Nordic Walking

Total time: 51:32

Speed: 5.82 km/h

metres in height up: 99  
Course score: 6.49

performance score: 38 Points