



3. Walk in Herne  
Herne / 09.03.2008

Detailed evaluation

Lipphard, Rita

Club: DJK Bickern  
Number: 998

Course: 7.00 km

Walking/ Nordic Walking

Total time: 52:20

Speed: 8.03 km/h

metres in height up: 101  
Course score: 8.52

performance score: 68 Points