



### 3. Walk in Herne

Herne / 09.03.2008

#### Detailed evaluation

**Rahlke, Fred-Günter**

Club: Wir im (un) Ruhestand e.V.

Number: 638

Course: 5.00 km

Walking

Total time: 57:23

Speed: 5.23 km/h

metres in height up: 99

Course score: 6.49

performance score: 34 Points