



3. Walk in Herne

Herne / 09.03.2008

Detailed evaluation

Rau, Uwe

Club: VfK Iserlohn 1888
Number: 876

Course: 5.00 km
Nordic Walking

Total time: 52:25

Speed: 5.72 km/h

metres in height up: 99
Course score: 6.49

performance score: 37 Points