



### 3. Walk in Herne

Herne / 09.03.2008

#### Detailed evaluation

Höwing, Erna

Club: re-aktiv-team

Number: 865

Course: 5.00 km

Nordic Walking

Total time: 53:25

Speed: 5.62 km/h

metres in height up: 99

Course score: 6.49

performance score: 36 Points