



### 3. Walk in Herne

Herne / 09.03.2008

#### Detailed evaluation

Lenschov, Sylvia

Club: TV Friesen Telgte

Number: 54

Course: 13.00 km

Walking

Total time: 1:42:18

Speed: 7.62 km/h

metres in height up: 179

Course score: 15.69

performance score: 120 Points