



3. Walk in Herne
Herne / 09.03.2008

Detailed evaluation

Paarmann, Karsten

Club: Walkingtreff Lünen
Number: 129

Course: 13.00 km

Walking

Total time: 1:44:16

Speed: 7.48 km/h

metres in height up: 179

Course score: 15.69

performance score: 117 Points