



3. Walk in Herne  
Herne / 09.03.2008

Detailed evaluation

Friedrich, Brigitte

Club: LG Halver-Schalksmühle  
Number: 313

Course: 13.00 km  
Nordic Walking

Total time: 1:40:40

Speed: 7.75 km/h

metres in height up: 179  
Course score: 15.69

performance score: 122 Points